





CUHK Institute of Health Equity (CUHK IHE) Joint Symposium on Health Equity and Ageing

Date: 27 May 2021 (Thursday)

Time: 13:30 – 18:00 (HK Time)

Programme

1330 – 1335	Opening Remarks by Prof. Rocky Tuan, Vice-Chancellor of CUHK
1335 – 1340	Speech by Prof. Jean Woo, Co-director of CUHK IHE
1340 – 1410	<u>Health Equity Study around the World / Marmot Review 10 Years On</u> • Prof. Sir Michael Marmot, Director of UCL Institute of Health Equity and Co-director of CUHK IHE
1410 – 1450	<u>Ageing and Health Equity</u> • Prof. Hideki Hashimoto, Professor in Health and Social Behavior, The University of Tokyo School of Public Health • Prof. Jean Woo, Co-director of CUHK IHE & Director of CUHK Jockey Club Institute of Ageing
1450 – 1515	<u>Gender and Health Equity</u> • Dr. Kira Fortune, Coordinator of Social Determinants of Health, Division of Healthy Environments and Populations, World Health Organization Regional Office for the Western Pacific
1515 – 1540	<u>Policy and System Approach to Achieving Health Equity</u> • Prof. EK Yeoh, Co-director of CUHK IHE
1540 – 1605	<u>Translation of Knowledge on Health Equity in South Korea: From Evidence and Theory to Policy and Practice</u> • Prof. Chang-yup Kim, Professor of Health Policy, School of Public Health, Seoul National University

1605 – 1630	<u>Life Course Approach to Examine Social Determinants of Health: The Case of Taiwan</u> • Prof. Tung-liang Chiang, Professor of Health Policy, College of Public Health, National Taiwan University
1630 – 1700	<u>The Role of Non-Government Sector in Mitigating Health Inequalities</u> • Dr. Jessica Allen, Deputy Director of UCL Institute of Health Equity
1700 – 1800	<u>Social Determinants of Health Equity for Older Adults in Hong Kong</u> • Prof. Mei-chun Cheung, Associate Professor, Department of Social Work • Mr. Kar-choi Chan, Lecturer, Department of Social Work • Dr. Ruby Yu, Senior Research Fellow, CUHK Jockey Club Institute of Ageing • Dr. Eric Lai, Postdoctoral Fellow, CUHK Jockey Club Institute of Ageing

Speakers



**Prof.
Sir
Mich
ael
Mar
mot**

**Director of UCL Institute of
Health Equity**

**Co-director of CUHK Institute
of Health Equity**

Professor Sir Michael Marmot is Professor of Epidemiology at University College London, Director of the UCL Institute of Health Equity, and Past President of the World Medical Association.

He is the author of *The Health Gap: the challenge of an unequal world* (Bloomsbury: 2015) and *Status Syndrome: how your place on the social gradient directly affects your health* (Bloomsbury: 2004). Professor Marmot holds the Harvard Lown Professorship for 2014-2017 and is the recipient of the Prince Mahidol Award for Public Health 2015. He has been awarded honorary doctorates from 18 universities.

Professor Marmot has led research groups on health inequalities for over 40 years. He chairs the Commission on Equity and Health Inequalities in the Americas, set up in 2015 by the World Health Organization's Pan-American Health Organization (PAHO/ WHO). He was Chair of the Commission on Social Determinants of Health (CSDH), which was set up by the World Health Organization in 2005, and produced the report entitled: 'Closing the Gap in a Generation' in August 2008.

At the request of the British Government, he conducted the Strategic Review of Health Inequalities in England, which published its report 'Fair Society, Healthy Lives' in February 2010. This was followed by the European Review of Social Determinants of Health and the Health Divide, for WHO Euro in 2014. In February 2020, he launched the 'Marmot Review 10 Years On' report on the health inequalities across England, which served as an update to the 'Fair Society, Healthy Lives' review. He chaired the Breast Screening Review for the NHS National Cancer Action Team and was a member of The Lancet-University of Oslo Commission on Global Governance for Health. He set up and led a number of longitudinal cohort studies on the social gradient in health in the UCL Department of Epidemiology & Public Health (where he was head of department for 25 years): the Whitehall II Studies of British Civil Servants, investigating explanations for the striking inverse social gradient in morbidity and mortality; the English Longitudinal Study of Ageing (ELSA), and several international research efforts on the social determinants of health.

Professor Marmot served as President of the British Medical Association (BMA) in 2010-2011, and is President of the British Lung Foundation. He is an Honorary Fellow of the American College of Epidemiology; a Fellow of the Academy of Medical Sciences; an Honorary Fellow of the British Academy, and an Honorary Fellow of the Faculty of Public Health of the Royal College of Physicians. He is also a trustee of the Food Foundation, was a member of the Royal Commission on Environmental Pollution for six years, and in 2000 was

knighted by Her Majesty The Queen, for services to epidemiology and the understanding of health inequalities. Professor Marmot is a Member of the National Academy of Medicine.



**Prof.
Hide
ki
Hash
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Profes

**sor in Health and Social
Behavior, The University of
Tokyo School of Public Health**

Currently his research interests rest on social determinants of health, and health impact assessment of public policy including universal health coverage, education, and family welfare program. He is a core project leader for the Japanese Study of Retirement and Ageing, a Japanese sister to Health Retirement Study and her global family, and a PI for a new panel study of young households in the greater metropolitan Tokyo, the Japanese Study of Stratification, Health, Income, and Neighborhood (JSHINE). He joined Lancet's Japan Series in 2011 featuring Japan's achievement of universal health coverage for 50 years. He contributed as a chapter author for the recent Japan Health System Review, and served as a reviewer for OECD's Reviews of Public Health Japan. He received MD from the University of Tokyo, and DPH from Harvard School of Public Health.



**Prof.
Jean
Woo**

**Emerit
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Profes
sor of**

**Medicine,
Henry G Leong Research
Professor of Gerontology and
Geriatrics;
Co-director, Institute of Health
Equity
Director, Jockey Club Institute
of Ageing
The Chinese University of
Hong Kong**

Prof. Jean Woo graduated from the University of Cambridge in 1974. After medical posts in the Charing Cross, Hammersmith, and Brompton Hospitals in the UK, she worked in part time posts in general practice as well as research at the University of Hong Kong.

Prof. Woo joined the Department of Medicine at the Chinese University of Hong Kong in 1985 as Lecturer responsible for the development of the teaching and service in Geriatric Medicine, becoming Head of the Department in 1993 until 1999, Chief of Service of the Medicine and Geriatric Unit at Shatin Hospital from 1993 to 2012, and Chair Professor of Medicine in 1994. From 2000 to 2006 she was Head of the Department of Community and Family Medicine, from 2001 to 2005 Director of the newly established School of Public Health, and from August 2013 to July 2016 Chairman of the Department of medicine & Therapeutics. She established the Centre for Nutritional Studies in 1997 using a self financing model to carry out service, education and research; and the Centre for Gerontology and Geriatrics in 1998, offering self-financed courses in Gerontology and Geriatrics, as well as End of Life Care.

Currently she is the Co-Director of CUHK Institute of Health Equity, Director of the Jockey Club Institute of Ageing at the Chinese University of Hong Kong, and Honorary Consultant of the Prince of Wales and Shatin Hospitals, Hospital Authority.

Prof. Woo's research interests include chronic diseases and geriatric syndromes, health services research, nutrition epidemiology and intervention, quality of life issues at the end of life, with over 900 articles in peer-reviewed indexed journals.



**Dr.
Kira
Fortune**

**Coordinator
of**

**Social Determinants of Health,
Division of Healthy
Environments and
Populations,
World Health Organization
Regional Office for the
Western Pacific**

Dr. Kira Fortune is the Coordinator of the Unit on Social Determinants of Health and Violence and Injury Prevention at the regional WHO office of the Western Pacific, in Manila. She leads the work on gender mainstreaming, health equity, community engagement, migration, alcohol and violence with a key focus on the implementation of the Sustainable Development Goals.

Kira has spent the last 20 years specializing in public health, gender, health promotion and social determinants of health in various international organizations across the globe. Prior to taking up the position in Manila, she spent ten years at the Pan American Health Organization/Regional Office of the World Health Organization in Washington D.C., focusing on the social determinants of health, health promotion, health-in-all policies and the sustainable development goals both within the Americas, but also beyond.

Kira has extensive experience working across the international stage from global NGOs, academia as well as with inter-governmental organizations. Prior to joining the World Health Organization, Kira coordinated The International Health Research Network in Denmark and spent four years working in the Department of Global Advocacy at The International Planned Parenthood Federation in London. Kira also worked for three years with UNICEF in Dar es Salaam, Tanzania, where she was responsible for the program on Prevention of Mother to Child Transmission of HIV.

Kira holds a Doctorate in Sociology with a specific focus on Gender Mainstreaming from City University, London; a Master's Degree in Anthropology, Gender and Development and a Bachelor of Science in Anthropology from the University of London. Additionally, she has a Master's Degree in International Health from University of Copenhagen.



**Prof.
EK
Yeoh**

**Co-
direct
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CUHK
Institu**

te of Health Equity



**Prof.
Chan
g-
yup
Kim**

Profes

**sor of Health Policy, School of
Public Health,
Seoul National University**

His current researches include health and social policy, equity and justice in health, health reform, and critical health studies. He is the founding president of the Korean Society for Equity in Health, and the former president of the Academy for Critical Health Policy, Korea Society for Global Health, and Korea Society of Health Policy and Administration. Also, he has involved in research activities in collaboration with civil society, currently holding the position of the president and director of the People's Health Institute, an independent not-for-profit research organization.

He was the founding director of the National Health Insurance Research Institute during 2000 and 2001 (currently Health Insurance Policy Research Institute of the National Health Insurance Service). During 2006-2008, he served as the president of Health Insurance Review and Assessment Services (HIRA).



**Prof.
Tung
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liang
Chia
ng**

**Professor of Health Policy,
College of Public Health,
National Taiwan University**

Tung-liang Chiang is Professor and former Dean of the College of Public Health, National Taiwan University. In 1984, he received his ScD in health policy and management from the Johns Hopkins University. Professor Chiang is one of three pioneer architects of Taiwan's National Health Insurance, which was inaugurated on March 1, 1995. In 2014-2016, he served as the Executive Director of the Higher Education Evaluation and Accreditation Council of Taiwan.

Professor Chiang's research interest has focused on health care reforms and social determinants of health. Since 2003 he has been the principal investigator for the Taiwan Birth Cohort Study, following up a nationally representative sample of more than 20,000 babies born in 2005. Professor Chiang has published extensively, including three recent edited books: Health Care System Reform and Policy Research in Taiwan (World Scientific Singapore, 2020), The Third Wave of National Health Insurance Reform in Taiwan (Taipei: Commonwealth Publishing, 2021), and Higher Education in Taiwan: Global, Political and Social Challenges and Future Trends (Springer Nature Singapore, 2021).



**Dr.
Jessi
ca
Allen**

Deput

**y Director of UCL Institute of
Health Equity**

Jessica's main activities are in working to embed a social determinants approach to health inequalities in England and globally. She was co-director of the Review of Social Determinants of Health and the Health Divide in the WHO European Region and was previously Project Director of the Strategic Review of Health Inequalities in England post-2010 (the Marmot Review). In February 2020, she co-authored the Health Equity in England: Marmot Review 10 Years On report. She also co-authored the Greater Manchester Evaluation on the effects of a regionally delegated health and social care budget on social determinants in England.

Jessica is currently working with the WHO Eastern Mediterranean Region Commission on Social Determinants of Health (WHO/EMRO) for the establishment of a comprehensive evidence base of health inequalities and social determinants for that region. She directs the secretariat for the Pan American Health Organization (PAHO) Commission on Equity and Health Inequalities in the Americas.

She has worked closely with national and local governments, third sector organisations and the NHS and published widely on social determinants of health. She is a member of several advisory groups in England and internationally. Prior to her work at UCL she was head of Health and Social Care at IPPR, Research Fellow in Public Health at the Kings Fund, and worked at Unicef and LSE. She has published and broadcast widely on issues relating to health and social care policy. She holds a doctorate from the University of London.



**Prof.
Cheung
Mei-
Chun**

**Associate
Professor,**

**Department of Social Work,
The Chinese University of
Hong Kong**

Professor Cheung Mei-chun is currently an Associate Professor of the Department of Social Work, The Chinese University of Hong Kong. She is the Programme Director of Master of Social Science Programme in Social Work (MSSc), the Programme Coordinator of The Research Programme for Aging and Disabilities, a Registered Social Worker, Registered Clinical Psychologist and Associate Fellow of the Hong Kong Psychological Society, and the Vice-Chairperson of the Hong Kong Neuropsychological Association (HKNA). Professor Cheung's research interest involves the impacts of psychosocial factors on the well-being and quality of life of youths and older adults with disabilities/disadvantages, such as Autism Spectrum Disorder, dementia (2) clinical intervention to improve their well-being and quality of life, and (3) how expressive arts approaches, like music and art appreciation, enhance their cognitive and emotional functioning/processing. In total, she has over 60 publication in the international referred journals, such as Nature, Archives of Neurology, Cancer, Neuropsychology, Epilepsia and Journal of Neurology, Neurosurgery and Psychiatry and over 50 conference papers/presentation. In total, she has obtained 16 research grants as principle investigator (total over HK\$80 million) and 18 research grants as co-investigator (total over HK\$27 million) from government bureaus, including Social Welfare Department, Research Grants Council, Food and Health Bureau, and NGOs in Hong Kong. She also received the Faculty of Social Science Exemplary Teaching Award 2018; and the Vice-Chancellor's Exemplary Teaching Award 2018 to recognize the excellence in teaching.



**Mr.
Kar-
Choi
Chan**

Lectur

**er, Department of Social
Work,
The Chinese University of
Hong Kong**

Kar-Choi (KC) has been serving as Lecturer in the Chinese University of Hong Kong since 2013. Before joining CUHK, he was a psychotherapist and program manager in the Toronto Mount Sinai Hospital Wellness Centre – an innovative community-based psychogeriatric centre which promotes equitable mental health access and treatment for ethnic elders. KC also served in the expert panel which helped developing the award-winning Geriatric Mental Health (ED-GMH) online training program for emergency department staff of Ontario hospitals. In 2010, he was honored by the Department of Psychiatry of University of Toronto as the recipient of the Joel Sadavoy Community Mental Health Award; and was awarded the Exemplary Field Instruction Award by the Department of Social Work, CUHK in 2020. His research interests are on mental health, geriatric mental health, dementia care & assessment, psychotherapy & group therapy, wellness & holistic health, and culturally competent practice.



**Dr.
Ruby
Yu**

**Senior
Research**

**Fellow,
CUHK Jockey Club Institute of
Ageing**

Dr. Ruby Yu is a Senior Research Fellow of the Department of Medicine & Therapeutics and the Jockey Club Institute of Ageing of the Chinese University of Hong Kong. She is involved in multiple cohorts to define the epidemiology of frailty in Chinese populations. These cohorts have laid the foundation for a frailty prevention program to use a multiple component approach to prevent frailty. She is also involved in health, behavioral, social, and environmental research with a focus on the role of these factors on the ageing process. Currently, she is working on the Jockey Club Community eHealth Care Project to develop novel solutions for the unmet needs of older people.



**Dr.
Eric
Lai**

**Postdoctoral
Fellow,**

**CUHK Jockey Club Institute of
Ageing**

Dr. Eric Lai is a postdoctoral fellow of the CUHK Jockey Club Institute of Ageing and a social epidemiologist with an interest in social inequalities in determinants of health, the differential outcomes of diseases by socioeconomic status and life course epidemiology. He is particularly interested in early life determinants of health outcomes in adulthood. He is also interested in longitudinal data analysis and applying causal methodologies in observational data.



香港中文大學
The Chinese University of Hong Kong



CUHK INSTITUTE OF HEALTH EQUITY
香港中文大學健康公平研究所

Co-organizers:



香港中文大學社會工作學系
DEPARTMENT OF SOCIAL WORK
THE CHINESE UNIVERSITY OF HONG KONG



香港中文大學
賽馬會老年學研究所
CUHK Jockey Club Institute of Ageing









CUHK Institute of Health Equity (CUHK IHE)

Student Seminar on Health Equity

Date: 28 May 2021 (Friday)

Time: 14:00 – 17:10 (HK Time)

Programme

1400 – 1405	Opening Address by Prof. Mai-har Sham, Pro-Vice-Chancellor of CUHK
Session 1 Moderator: • Prof. Wong Hung, Associate Director of CUHK IHE Commentators: • Dr. Kira Fortune, World Health Organization Western Pacific Region • Prof. Hideki Hashimoto, University of Tokyo • Prof. Chang-yup Kim, Seoul National University	
1405 – 1545	Title: The Relationship between Income, Physical Function, Caregivers' Interaction and Meaning in Life in Institutional Care Elderly Speaker: Ms. Xiaofan Zhou (PhD in Social Welfare, CUHK)
	Title: IntergenerationABILITY: Enhancement of Physical Literacy for Students with Special Educational Needs and Older Baby Boomers in Hong Kong Speaker: Ms. Yan Huang (PhD in Education, CUHK)
	Title: An equality of opportunity conception of equity Speaker: Mr. Wai Lok Cheung (PhD in Philosophy, CUHK)
	Discussion

Session 2

Moderator:

- Prof. Roger Chung, Associate Director of CUHK IHE

Commentators:

- Prof. Martin Bobak, University College London
- Prof. Tung-Liang Chiang, National Taiwan University
- Prof. Richard Watt, University College London

1545 – 1705	Title: Employment Conditions and Health among Female Foreign Domestic Workers in Hong Kong Speaker: Mr. Timothy Sumerlin (MPhil – PhD in Public Health, CUHK)
	Title: One Country, Two Populations? Associations of Neighborhood Social Capital with Health among Rural and urban Chinese Residents Speaker: Mr. Yang Han (PhD in Public Health, CUHK)
	Discussion
1705 – 1710	Closing Remarks by Prof. EK Yeoh, Co-director of CUHK IHE

Registration (for audience)

<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=12839473>
(<https://cloud.itsc.cuhk.edu.hk/webform/view.php?id=12839473>)

Registration deadline: 23 May 2021

Moderators



**Prof.
Wong
Hung**

**Associate
Director**

**of CUHK Institute of Health
Equity**

Dr. Wong Hung is an Associate Professor of the Department of Social Work and the Associate Director of CUHK Institute of Health Equity and Director of Yunus Social Business Centre@CUHK at the Chinese University of Hong Kong. His research interests include poverty, social security and labour issues. He has also conducted research on marginal workers, unemployed youth , homeless people and poor residents in old urban area. He has actively advocated for Community Economic Development and the setting up of a universal pension scheme in Hong Kong. He is also the Vice-Chair of the Oxfam Hong Kong.



**Prof.
Roger
Chun**

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**Associate Director of CUHK
Institute of Health Equity**

Dr. Chung joined the School of Public Health and Primary Care (SPHPC) of the Chinese University of Hong Kong (CUHK) in 2011. Using the lens of biomedical ethics and justice, his research aims to empirically inquire into the social determinants of health inequalities (including poverty and health, migrants' health, rare diseases patients' health), as well as aging-related issues on multimorbidity and long-term/end-of-life care, and to utilize such evidence to inform health services and policy, domestically and beyond.

Dr. Chung is the founding Associate Director of the CUHK Institute of Health Equity established in January 2020 under the co-directorship of Sir Prof Michael Marmot, Prof Eng-Kiong Yeoh, and Prof Jean Woo. He is also a founding member of the Centre for Health Systems and Policy Research, a founding member of the Research Centre for Migration and Mobility, an executive member of the Centre for Health Systems and Policy Research, Centre for Quality of Life, and an Assistant Professor (by courtesy) at the CUHK Institute of Ageing. On an international level, Dr. Chung is the Vice Chair of the Public Health Global Challenge Steering Group of the Worldwide Universities Network (WUN), spearheading the direction of research and collaboration in public health for 23 international research universities in the world. In September 2018, Dr. Chung was elected the Inaugural National Academy of Medicine (NAM) International Health Policy Fellow by the prestigious NAM in the US, studying social determinants of healthy longevity.

Furthermore, he is the Vice President of Hong Kong Life and Death Studies Association, a social enterprise integrating professional knowledge and ideas from a wide range of young professionals in innovating life and death education, advance care planning, longterm care and after-death arrangements in Hong Kong; and he is a co-host of the only "Life and Death Education" Radio Program in Hong Kong. Apart from his academic life, he is also an award-winning and celebrated recording artist/producer.

Dr. Chung obtained the Bachelor degree in Public Health from Johns Hopkins University and Master of Health Science from Johns Hopkins Bloomberg School of Public Health in the US in 2005. He further received his Doctor of Philosophy (PhD) degree from the School of Public Health of the University of Hong Kong in 2011, with his study on the impact of socioeconomic development on population health, from which he also won the Presidential Award for Best Oral Presentation from the Hong Kong College of Community Medicine.



**Prof.
Martin
Bobak**

Professor of

**Epidemiology, Institute of
Epidemiology and Public
Health,
University College London**

Martin Bobak is medical epidemiologist, Professor of Epidemiology and the head of the Central and Eastern European Health Research Group in the Institute of Epidemiology and Public Health at University College London (UCL). He graduated from Charles University in Prague and subsequently obtained his MSc and PhD at London School of Hygiene and Tropical Medicine.

Prof. Bobak's research focuses on understanding the determinants of health in Central and Eastern Europe and the former Soviet Union, with a broad interest in the effects on health of societal, socioeconomic, psychosocial, behavioural and environmental factors. Prof Bobak leads a large multi-centre cohort study on health during societal transition, participates in numerous international collaborations and co-directs MSc in Population Health at UCL.



**Prof.
Tung
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Chiang**

**Professor of Health Policy,
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Tung-liang Chiang is Professor and former Dean of the College of Public Health, National Taiwan University. In 1984, he received his ScD in health policy and management from the Johns Hopkins University. Professor Chiang is one of three pioneer architects of Taiwan's National Health Insurance, which was inaugurated on March 1, 1995. In 2014-2016, he served as the Executive Director of the Higher Education Evaluation and Accreditation Council of Taiwan.

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**Dr.
Kira
Fortune**

**Coordinator
of**

**Social Determinants of Health,
Division of Healthy
Environments and
Populations,
World Health Organization
Regional Office for the
Western Pacific**

Dr. Kira Fortune is the Coordinator of the Unit on Social Determinants of Health and Violence and Injury Prevention at the regional WHO office of the Western Pacific, in Manila. She leads the work on gender mainstreaming, health equity, community engagement, migration, alcohol and violence with a key focus on the implementation of the Sustainable Development Goals.

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Kira holds a Doctorate in Sociology with a specific focus on Gender Mainstreaming from City University, London; a Master's Degree in Anthropology, Gender and Development and a Bachelor of Science in Anthropology from the University of London. Additionally, she has a Master's Degree in International Health from University of Copenhagen.

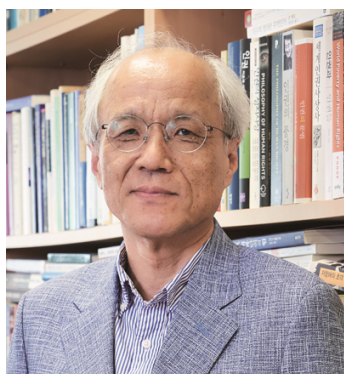


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Profes

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Currently his research interests rest on social determinants of health, and health impact assessment of public policy including universal health coverage, education, and family welfare program. He is a core project leader for the Japanese Study of Retirement and Ageing, a Japanese sister to Health Retirement Study and her global family, and a PI for a new panel study of young households in the greater metropolitan Tokyo, the Japanese Study of Stratification, Health, Income, and Neighborhood (JSHINE). He joined Lancet's Japan Series in 2011 featuring Japan's achievement of universal health coverage for 50 years. He contributed as a chapter author for the recent Japan Health System Review, and served as a reviewer for OECD's Reviews of Public Health Japan. He received MD from the University of Tokyo, and DPH from Harvard School of Public Health.



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His current researches include health and social policy, equity and justice in health, health reform, and critical health studies. He is the founding president of the Korean Society for Equity in Health, and the former president of the Academy for Critical Health Policy, Korea Society for Global Health, and Korea Society of Health Policy and Administration. Also, he has involved in research activities in collaboration with civil society, currently holding the position of the president and director of the People's Health Institute, an independent not-for-profit research organization.

He was the founding director of the National Health Insurance Research Institute during 2000 and 2001 (currently Health Insurance Policy Research Institute of the National Health Insurance Service). During 2006-2008, he served as the president of Health Insurance Review and Assessment Services (HIRA).



**Prof.
Rich
ard
Watt**

**Profe
sor
and**

**Honorary Consultant in Dental
Public Health, Department of
Epidemiology and Public
Health,
University College London**

Richard is a Professor and Honorary Consultant in Dental Public Health, in the Department of Epidemiology and Public Health at University College London (UCL). He is the Director of the WHO, Collaborating Centre on Oral Health Inequalities and Public Health and is also Director of Research for Central North West London NHS Foundation Trust. He graduated from University of Edinburgh Dental School in 1984 and then completed a MSc and PhD in Dental Public Health at UCL.

His main research interests focus on social and commercial determinants of health inequalities and the development and evaluation of community-based health improvement interventions. He is currently the co-chair of the Lancet Commission on Oral Health and is a National Institute of Health Research Senior Investigator.

Students

Mr. Cheung Wai Lok

PhD in Philosophy, CUHK

An equality of opportunity conception of equity

Abstract

Equality is distinguished with of outcome and of chance. An equality of outcome shall be when wealth distribution is equal among all citizens. Equality of chance is when every citizen had a chance at acquiring certain thing, and, with power as a good, it is when everyone has the same capability of developing some capacity. Empowerment through formal education, for example, equips the otherwise illiterate with the capacity to read, and equality of opportunity is achieved if everyone receives such formal education, with each student's own effort in achieving their reading capacity, and, in the end, in being empowered further with the office – public, private, or of listed company – with the corresponding power on one's right and duty. Equity as equality of opportunity is thus constituted by equal chances, through several institutions of further chances on effort, with access to power. Health equity, in particular, shall thus be an equality of opportunity of empowerment with regard to health. From a pathology point-of-view, illness is when one needed treatment, but from an empowerment point-of-view, it is when one wanted improvement. One wants perfect health, with the corresponding dignity, and thus the power to act on self-respect, and, for example, a cold thus inhibits one's behavioural response in some situation one would have wanted one to emit. It is thus on a want of having a good life that some medical treatment is needed. The inequality of biological luck with, for example, inborn physiological disability such as congenial blindness, shall raise further questions on equity: do students with mental disability having more time for examination the only amelioration towards better equity?

Mr. Yang Han

PhD in Public Health, CUHK

One Country, Two Populations? Associations of Neighborhood Social Capital with Health among Rural and urban Chinese Residents

Abstract

Background: In the classic “community lost” vs. “community saved” debate, the community ties and solidarities may either attenuate or persist. Given the two opposing arguments, how individuals’ neighborhood social capital is associated with health is, therefore, an unsettled issue. Considering the difference in the degree of urbanization between rural and urban areas, we compared the difference in their associations of neighborhood social capital with health in China, where a huge rural-urban difference existed.

Methods: Data were from the 2012 Chinese General Social Survey. Health outcome was a factor score constructed by three self-rated health items. We conducted multivariable linear regression models and interaction tests for rural and urban samples separately to examine the association of neighborhood social capital (i.e., neighborhood network size, frequency of socializing with neighbors, voting in neighborhood committee election, participation in neighborhood voluntary activities, and perceived neighborhood social cohesion) with health.

Results: Greater perceived neighborhood social cohesion was associated with better health in both rural and urban areas. In rural areas, a neighborhood network of 10 or more persons was associated with better health than no neighborhood network. Our interaction analysis showed that with the increase of neighborhood network size, the health gap between the income-poor and the non-income-poor in rural areas decreased generally. However, in urban areas, neighborhood network size had neither a significant association with health nor an interaction effect with income-poverty on health.

Conclusions: A cohesive neighborhood is beneficial for both rural and urban residents’ health. Health interventions to improve neighborhood social cohesion should be designed to cope with the challenge of urbanization. Moreover, policymakers should avoid damaging

neighborhood social capital when implementing other public policies; this is especially true for rural areas where neighborhood network seems to matter more for health.

Ms. Yan Huang

PhD in Education, CUHK

IntergenerationABILITY: Enhancement of Physical Literacy for Students with Special Educational Needs and Older Baby Boomers in Hong Kong

Abstract

There has been an increasing number of students with special educational needs studying in the public sector in Hong Kong. Meanwhile, the cohort of older baby boomers (born between 1946-1955) is growing rapidly as aging continues. However they are often the neglected populations compared to other groups especially in public policies making.

Youngsters and elderly are at two ends of the physical literacy journey. Students with special educational needs, like their able-bodied peers, need to experience physical activity, as developing physical literacy will enhance confidence, self-esteem. Developing physical literacy for elderly is consistent with the goal of healthy aging and will improve well-being of this population.

There is evidence showing that physical inactivity is associated with a higher risk for severe COVID-19 outcomes (Sallis et al., 2021). The emphasize of physical literacy development is extraordinarily crucial. Hence this study proposed an intergenerational physical literacy developing program for both students with special educational needs and older baby boomers in Hong Kong. Student participants were from a government-funded secondary school serving special-needs students and elderly participants were recruited from elderly day care centers in Hong Kong. The IntergenerationABILITY program will enhance physical literacy for participants from three domains of the concept “physical literacy”: physical domain will be enhanced through functional fitness training in pairs, cognitive functions will be enhanced by handwriting (older adults) and drawing (students), during the activity sessions, programs such as “Bus Social Classroom” will be offered to enhance their communication skills and intergenerational relationships in between. The effectiveness of the program will be evaluated from objective and self-reported assessment tools and focus group interviews will be adopted after the implementation.

This study not only hopes to promote physical literacy among primary beneficiaries of this study but also contribute to social integration and health equity.

Mr. Timothy Sumerlin

**MPhil – PhD in Public Health,
CUHK**

**Employment Conditions and Health among Female Foreign
Domestic Workers in Hong Kong**

Abstract

There are an estimated 160 million migrant workers globally. Foreign domestic workers (FDWs) make up 11.6 million, or 7%, of the total migrant worker population. Previous studies as well as news media have pointed to these FDWs experiencing poor physical and mental health due to poor living and working conditions that can be easily exploited by their employers. However, the majority of these studies have utilized qualitative data collection methods and cannot be generalized to the population as a whole. Hong Kong, a modern city of 7.5 million, is home to 399,320 FDWs primarily from the Philippines (54.9%) and Indonesia (42.8%). Because of this, Hong Kong is an ideal setting for doing a quantitative study to look at FDWs living and working conditions and their health outcomes.

A multi-stage, cluster random sampling method will be utilized to conduct 1067 face-to-face interviews of FDWs. Respondents will be asked about their demographics, living and working conditions, lifestyle factors, and health conditions. EQ5D will be used to assess health related quality of life. We will look at associations between employment conditions, lifestyle factors, and demographic factors on the FDW's health. We will also look at whether social support and family networks moderate the associations. Furthermore, due to the ongoing complications of the coronavirus in Hong Kong, we will discuss how we're adjusting our current study plan to accommodate for the restrictions created from repeated outbreaks locally. Preliminary data findings will also be examined.

Ms. Xiaofan Zhou

PhD in Social Welfare, CUHK

The Relationship between Income, Physical Function, Caregivers' Interaction and Meaning in Life in Institutional Care Elderly

Abstract

Based on the meaning making model, the potentially stressful situation of includes low-income level and poor physical function will influence elderly's meaning in life. This study contains two research. The first one investigated the relationship between income, physical function and meaning in life and the mediating effect of physical function among urban elderly persons in institutional care. The second one discussed the relationship between physical function and meaning in life, the mediating effect of caregivers' interaction and the moderating effect of income level. The results show that income and physical function have positive relationships with meaning in life; physical function partially mediated the relationship between staff income and meaning in life; caregivers' interaction partially mediated the relationship between the physical function and meaning in life. This study provided evidence that the elderly's income level not only affect their physical health but also shown positive relationship with spiritual health, which lays a practical foundation for the professional development of residential care services.



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